

Survival School

Ever wondered how you would cope if you got lost in the woods?



Do our 'Survival' quiz, then listen to the interview with Jonny Crockett and find out how you'd do out in the woods.

Fact file



Jonny Crockett runs courses on surviving out in the English countryside and more extreme environments.

You can find out more about Jonny and 'Survival School' at their website.

<http://www.survivalschool.co.uk>

Are you a survivor?



1. If you got lost in the woods what should you do? ☐ ☐	a/ Locate where the sun is in the sky. b/ Check the time. c/ Count to twelve then panic.
2. If you're lost in the woods and can't find the way home it's best to walk.....	a/ Uphill. b/ Downhill. c/ Round and round.
3. You've found a stream. If you want to get to where people live it's best to walk ... ☐	a/ Upstream (the opposite direction to the flow of the water). b/ Downstream (following the flow of the water). c/ Away from the river.
4. If you have to spend the night out in the woods the most important things are....	a/ Water, heat, and shelter. b/ Leaves, sticks, and food. c/ A toothbrush, pyjamas, and a good book. ☐
5. How long can a person go without food?	a/ 3 days. b/ 3 weeks. c/ 3 months. ☐
6. How long can a person go without water? ☐ ☐ ☐	a/ 3 days b/ 3 weeks c/ 3 months. ☐
7. If you make a shelter out in the woods it's a good idea to lie on lots of leaves. Why?	a/ Because they're lovely and soft. b/ You can then eat them for breakfast. c/ To keep you off the damp ground.
8. If you want to light a fire by rubbing two sticks together it's important to	a/ Stand well back. b/ Face south. c/ Choose the right kind of wood.

Listen to the (first part of the) interview with Jonny. Do you want to change any of your answers?

Now check your answers on page 3.

In the Desert

1. Jonny talks about surviving in the desert.
Listen to the second half of the interview and
tick the things he mentions.



The Sahara Desert is the most barren environment he has taught in.		Try and drink as much as you can.	
There are lots of things you can eat there.		You can eat sand if you're really hungry.	
Water is the biggest problem.		If you can see green plants this tells you that there's some water around.	
There are always lots of camels there.		You can collect water by putting a plastic bag over a plant.	
You've got to try and get out of the sun.		Snakes taste horrible.	

2. What's on Jonny's Menu?

Jonny's eaten some things that seem quite unusual to people from Britain. Circle the things he says he's eaten.



Have you eaten any of these things? Do people often eat them where you live?

You can find out more about other environments on our website.

Rainforests @ www.britishcouncil.org/kids-topics-rainforests.htm

The Sea @ www.britishcouncil.org/kids-topics-sea-animals.htm



Survival School - Answers



Are you a survivor?

Answers to the quiz

1. a 2. b 3. b 4. a 5. b 6. a 7. c 8. c

Your score

6 - 8 Well done! You're a survivor, but you still need to take care when you go out in the woods.

3 - 5 Pretty good, but be careful out in the woods you never know what you could find there. Listen carefully to what Jonny has to say and see if you can pick up any more tips.

1 - 2 Oh dear! Be careful the next time you go to the shops, and listen carefully to Jonny's advice.

In the Desert

The Sahara Desert is the most barren environment he has taught in.	✓	Try and drink as much as you can.☐	✓
There are lots of things you can eat there.	✓	You can eat sand if you're really hungry.	
Water is the biggest problem.	✓	If you can see green plants this tells you that there's some water around.	✓
There are always lots of camels there.		You can collect water by putting a plastic bag over a plant.	✓
You've got to try and get out of the sun.	✓	Snakes taste horrible.	

What's on Jonny's Menu?

Jonny says he's eaten *snakes, ants, scorpions and thistles*. What about you?